# TAYLOR CAPOZZIELLO, PHD, BCN, BCB, CMT CURRICULUM VITAE

# **CONTACT**

**Address**: Elite Physiology, Inc.

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## PERSONAL STATEMENT

I'm fascinated with the individuality of each person's physiology. Although there are many similar patterns, the interconnection of these patterns builds clues as how to strengthen and achieve peak performance for each person. With peak performance, health in a variety of forms can be obtained.

## **EDUCATION & TRAINING**

**Postdoctoral Fellowship**, Department of Psychophysiology, Saybrook University, Oakland, CA, 2020

PhD Clinical Psychology, specialization in Applied Psychophysiology, Saybrook University, Oakland, CA, Advisor: Richard A. Sherman, 2019

BA Psychology, San Francisco State University, San Francisco, CA, 94132

**Massage Therapist Certificate,** Twin Lakes Art of the Healing College, Santa Cruz, CA, 95062

## **GRANTS AND AWARDS**

Leonard Shlain Scholarship

Saybrook University, 2018

**Best of the Bay** 

Best Massage Therapist San Francisco Guardian, 2018

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Best Massage Therapist San Francisco Guardian, 2017

## **CERTIFICATES/CERTIFICATIONS:**

BCIA Certification in General Biofeedback #B6069

BCIA Certification in Neurofeedback #E6069

Certified Massage Therapist #74682

## **RESEARCH INTEREST**

QEEG differences in people taking testosterone for gender identity related reasons, dysponesis and how that relates to posture and breathing, breathing biofeedback, and plantar fasciitis and hip angle.

## **PUBLICATIONS**

#### IN PREPERATION FOR SUBMITION

- Capozziello, T. *Treating Plantar Fasciitis Through Biofeedback*. Manuscript in preparation.
- Capozziello, T. Differences in QEEG Between Transgendered Men Taking
  Testosterone and a Normative Population, A Single Group Study. Manuscript in preparation.

#### DISSERTATION

Williams, T. (2019). Scripted Guidance and Hip Position's Effect on Relaxed Breathing, A Single Group Study (Doctoral dissertation, Saybrook University).

#### POSTER PRESENTATIONS

Williams, T., Harvey, R., and Peper, E. (March, 2014). *Plantar Fasciitis and Biofeedback Training*. Poster session presented at the Annual Scientific Meeting of the Association for Applied Psychophysiology and Biofeedback, Savannah, GA.

# **CONFERENCES & INVITED TALKS**

#### PRESENTATIONS & SYMPOSIA

- Capozziello, T. (March, 2022). *Teaching breathing biofeedback*. Presented to AAPB (The Association for Applied Psychophysiology & Biofeedback, Inc.), Irving, TX.
- Capozziello, T. (September, 2020). Stress During COVID-19 and How to Breathe Through It. Virtual CEU presentation to AAPB (The Association for Applied Psychophysiology & Biofeedback, Inc.).
- (Invited): Capozziello, T. (April, 2020). Using your Client's Own Physiology to be Effective and Informed. Virtual CEU presentation to the Visions Adolescent Treatment Centers.
- Williams, T. (March, 2019). Exploring the Effect of Testosterone Used as a Hormonal Supplement for Gender Identity Reasons on qEEG Presentation. Presented to AAPB (The Association for Applied Psychophysiology & Biofeedback, Inc.), Denver, CO.

#### **MEDIA**

(Invited): Capozziello, T. (June, 2019). 500 Queer Scientists: Celebrating Diversity in STEM. A show presented by 500 Queer Scientists, a division of California Academy of Sciences.

## **CLINICAL EXPERIENCE**

Elite Physiology, Inc. (Private Practice), San Francisco, CA, 2019-present. Duties include complex multimodal assessment and treatment of a wide variety of behavioral health conditions, often involving intractable pain, chronic stress, or severe anxiety as a clinical psychophysiologist in independent practice. Modalities, assessments, and treatments used include stress profiles, biofeedback (sEMG, BVB, temp, EEG, qEEG, etc.), postural assessment, often as part of an integrative team including primary care, specialists, and allied professionals. Additional duties include clinical supervision, mentorship, consultation, and instruction.

**Doctoral Practicum Intern**, ADD Centre, Toronto Canada, 2017. Duties include assisting with electroencephalogram-based diagnostics and interventions. **Doctoral Practicum Intern**, Alliant Care, Tacoma, Washington, 2017. Duties include assisting with multi-faceted based diagnostics and interventions that include biofeedback based research, physical therapy, and Feldenkrais methods.

**Massage Therapist**, Taylor Williams Massage, 2002-2020. Duties include intake with clients, building practice, assessing injuries and interventions, and any additional needs for business.

# MEMBERSHIP IN SCIENTIFIC, CLINICAL, & PROFESSIONAL SOCIETIES

Association for Applied Psychophysiology and Biofeedback International Society for Neuroregulation and Research Western Association of Biofeedback and Neuroscience

#### **BOARDS**

## Saybrook Alumni Council

Board Member, 2021 - present

### OTHER: INVOLVEMENT IN BEEKEEPING

Vice President of San Francisco Beekeeper's Association, 2018-present.

#### **MEDIA**

- (Invited): Capozziello, T. (August, 2020). How global warming is effecting local beekeeping. An interview presented by SF Commons Public Access TV Station.
- (Invited): Capozziello, T. (April, 2020). Children Learn About Honey Bees, Insects, Nature, Science + Kid Songs & Animation. An interview presented by Xsploor Media.
- (Invited): Capozziello, T. (March, 2020). In depth on communities within the beehive and the beekeeper association. An interview presented by The Community Show presented by Zyper.

## **SUPPLEMENTAL INFORMATION**

Citizenship: United States

**NPI:** 1467065177

## <u>REFERENCES</u>

Samuel Kohlenberg, MA, PhD, MEHP Fellow 3003 E 3rd Ave, #B110-B Denver, CO, 80206 (720) 775-7077 SKJ@jhu.edu

## Cynthia Kerson, PhD, PhD

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## Richard A. Sherman, MS, PhD

6576 Blue Mountain Road, Port Angeles, WA 98362 (360) 452-5020 rsherman@nwinet.com

## Erik Peper, PhD

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